

RESUME

Stephen Ryan Lankton, MSW, DAHB
P.O. Box 9489
Phoenix, Arizona 85068
Telephone: (602) 532-0800 / Fax: 602-532-0801
Steve@lankton.com / <http://lankton.com>

Clinical Educational summary

Hypnosis Training, with Milton H. Erickson, MD in clinical hypnosis, Phoenix, AZ, 1975-1979.
Post-Graduate Psychotherapy Training, Huron Valley Institute, Dexter, MI, 1973-6.
Master of Social Work, University of Michigan, (MSW), 1974.
Bachelor of Arts, Michigan State University, (BA), 1972.

Detailed Educational List

1973 - 1974

Degree: MSW; Master of Social Work.
Specialization: Social Systems Approach to Treatment.
University of Michigan, Ann Arbor, Michigan.

1972 - 1973

Michigan State University, East Lansing.
Major: Master of Social Work.

1970 - 1972

Degree: BA; Bachelor of Arts.
Major (4): Psychology, Linguistics, Anthropology, and History
Certificates: Secondary Teaching Certificate.
Michigan State University, East Lansing.

1966 - 1968

Lansing Community College, Lansing, Michigan.

1965 - 1966

Michigan State University, East Lansing.

Clinical Professional affiliations

Social Work

Member; Secretary/Treasurer, Arizona State Board of Behavior Health Examiners, Social Work Credentialing Committee, 2008-2010
Licensed Clinical Social Worker, Arizona, #LCSW-10443, 2004-July 2010.
Licensed Clinical Social Work, Michigan Dept. of Professional Regulation, 1974-present, #6801002438.

Diplomate, American Board of Examiners in Clinical Social Work, ABECSW, #009769, 1988-present.

Diplomate in Clinical Social Work, National Association of Social Workers, NASW, 1978-, (Diplomate) , #880786632, 1987-present.

Member, Academy of Certified Social Workers, ACSW, #880786632, 1976-present.

Hypnosis

Editor in Chief, *American Journal of Clinical Hypnosis*, 2005- present.

Fellow, American Society of Clinical Hypnosis, 2005-present.

Diplomate, American Hypnosis Board for Clinical Social Work, 1990-present.

Past-President, American Hypnosis Board for Clinical Social Work 1997-2000.

Approved Consultant in Clinical Hypnosis, American Society of Clinical Hypnosis, 1993-present.

Certification in Clinical Hypnosis, American Society of Clinical Hypnosis, 1993-present.

Secretary/Treasurer, American Hypnosis Board for Clinical Social Work, 1994-1997.

Member, Society for Clinical and Experimental Hypnosis, 1979-present/.

Member, American Society for Clinical Hypnosis, 1991- present.

Member, International Society of Hypnosis, 1979-present.

Board Member at Large, American Hypnosis Board for Clinical Social Work, 1990-present

Executive Director, Phoenix Institute of Ericksonian Therapy, 2004-2009.

President, Phoenix Society for Clinical Hypnosis, 2005-2006.

Member, Florida Society of Clinical Hypnosis, 1991-2002.

Psychotherapy

Fellow; Board Member, American Psychotherapy Association, 2008-present.

Clinical Member, International Transactional Analysis Association, (now called "Certified Member"), 1975-present.

Fellow, American Academy of Pain Management, #3696, 1991-1992.

Member, American Academy of Psychotherapists, 1983-1985

Family Therapy

Fellow, American Association for Marriage and Family Therapy, AAMFT, 1987-present.

Approved Supervisor, American Association for Marriage and Family Therapy, AAMFT, 1989-2007.

Clinical Member, American Association for Marriage and Family Therapy, AAMFT, 1980-present.

Licensed Marriage and Family Therapist, Florida, #MT00121, 1982-2007.

Clinical Teaching Member, American Family Therapy Association, AFTA, 1987-2000.

Clinical Licenses summarized

Licensed Clinical Social Worker, Arizona, LCSW-10443, 2004 - present.

Licensed Marriage and Family Therapist, Florida, #MT 0121, 1982-2008.

Licensed Clinical Social Work, Michigan Dept. of Professional Regulation, #6801002438, 1974-2008.

Licensed Marriage Counselor, Michigan, (# 00687), 1979-1995.

Authorized CEU Provider for PSY, MFT, MSW, and MHC Credits, from Florida Dept. of Professional Regulation, provider # BAP-11-exp. 3/2009; and provider #PCE-16, exp. Apr. 2010 via 'Ericksonian Training Seminars.'

Editor and Editorial Review Board Positions

Editor-in-Chief, *American Journal of Clinical Hypnosis*, 2005- present
Editor-in-Chief, *Ericksonian Monographs*. An official publication of the Milton H. Erickson Foundation, Inc., Phoenix, AZ, 1983-1994.
Editorial Review Board, *Journal of Brief Therapy*, 2002-present.
Editorial Review Board, *Annals of the American Psychotherapy Association*, 2005- present.
Editorial Review Board, *Hypnose und Kognition*, Milton Erickson Gesellschaft fur Klinische Hypnose, Munich, Germany, 1984-1997.
Editorial Review Board, *Phoenix*, Revue de Therapeutique et D'Hypnose Ericksoniennes. Paris, France, 1988-2000.
Editorial Review Board, *Journal of Strategic and Systemic Therapy*, 1984-1991.
Editorial Review Board, *Journal of Brief Therapy*, 2002-2005.

Appointments, awards, and other similar activities

Secretary/Treasurer, Arizona Behavioral Health Examiners Board, Credential Committee, 2008 - present.

Lifetime Achievement Award, for Outstanding Contributions in the Field of Psychotherapy, from Milton H. Erickson Foundation, Inc., 1994.

Irving Sector Award, for Advancement of Clinical Hypnosis, from AJCH, 2007.

Author of several books selected to be "main" and "alternate" selections of the month for *Behavior Science Book Service* and *Science and Behavioral Books*, 1983, 1986, 1989, 1994.

Rated 6th (among the ten) most influential author by membership of The American Society of Clinical Hypnosis, 1985 survey (in *AJCH*, July 1985).

Keynote/Plenary Addresses:

- Transactional Analysis Redecision Conference, New Orleans, 2009.
- American Society of Clinical Hypnosis, Chicago, 2008.
- Japanese Psychotherapy Association, Osaka, Japan, 2007.
- International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy, 2001;
- International Congress on Systemic Management, Vienna May 2001;
- International Congress on Humanistic Medicine, Garmish, Germany, Oct. 1995;
- NASW of TX, Annual Conference, El Paso, TX, Oct. 17, 1990;
- First European Congress on Ericksonian Approaches to Psychotherapy, Heidelberg, Germany, Sept. 1989;
- Texas Association of Marriage and Family Therapy, Austin, TX, Jan. 1989;
- International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy, 1986;
- Ericksonian Hypnosis and Psychotherapy, Phoenix, AZ, 1998;
- New York State ICEDP, Annual Conference, Albany NY, June. 9, 1998;
- The American Association for Marriage and Family Therapy, 1984.

Invited Featured Faculty:

- Milton Erickson Foundation Intensive Training Programs, Phoenix, Arizona, 2002, 2003, 20004, 2005, 2006, 2007, 2008, 2009.
- Transactional Analysis Redecision Conference, New Orleans, 2009
- International Congress on Thinking, Phoenix, Arizona, 2003.

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- International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy: Phoenix 1980, Phoenix 1983, Phoenix 1986, San Francisco 1988, Phoenix 1992, Los Angeles 1994, Phoenix 1999, Phoenix 2001, Phoenix 2004, Anaheim 2005, Phoenix 2007.
- Brief Therapy Conference: Orlando 1993, San Francisco 1996, New York City 1998, Orlando 2002, San Francisco 2003, Anaheim, 2006 & 2008.
- American Psychotherapy Association Annual Conference: Orlando, 2002.
- Training seminar on skill development in hypnotherapy, San Francisco 1981, Dallas 1982, Los Angeles 1984, Phoenix 1997.
- Milton H. Erickson Foundation's 10th Anniversary training seminar: Phoenix 1989.
- International Congress on Systemic Management, Vienna May 2001;
- The Third International Congress for Systemic Therapy, Hamburg, W. Germany, 1995;
- The Second International Congress for Systemic Therapy, Orta, Italy, 1992;
- The Joint Conference: Ericksonian Hypnosis and Psychotherapy - Arts - Facts - Artifacts, Jerusalem, 1992;
- The American Society of Clinical Hypnosis, National Conferences, 1990, 1991, 1992, 1993, 1997, 2004.

Invited Faculty For Workshops, Seminar, And Conferences: at several hundred professional training workshops, congresses, and conferences throughout the United States, Japan, China, Norway, Italy, England, Germany, France, Canada, Brazil, Austria, Australia, New Zealand, Switzerland, and Israel. – 30 page list available upon request, 1975- 2006.

Invited Moderator:

Evolution of Psychotherapy Congress, 1990, and 2005.

Other Professional organization related

Ethics Committee, , American Society of Clinical Hypnosis, ASCH, 1994-1996.
Board Member at Large, American Board of Hypnosis for Clinical Social Work, (AHBCSW) 1989 - 1993.
Member, Professional Service Organization, Lakeview Community Mental Health Center, Pensacola, FL, 1991-4.
Steering Committee, Pensacola Society for Advancement of Law and Mental Health, 1989 - 1991.
Volunteer Clinician, Doctors of the World – USA, Inc. 2003-2005.
CME Review Committee, Milton H. Erickson Foundation, Inc., 1995-8.

Computer and Electronic Related

Technician Class, and Novice Class No Code Plus Amateur Ham Radio Licence, FCC, July 1998.

Web Site Construction, built the original sites for the Milton H. Erickson Foundation (<http://www.erickson-foundation.org>) and Jay Haley (<http://members.aol.com/prizefilm>), Bunner/Mazel, Inc., American Society for Clinical Hypnosis, American Hypnosis Board for Clinical Social Work (<http://ahbcsh.org>), The Phoenix Institute For Ericksonian Therapy (<http://phxinstitute.com>), and others.

Technical Beta Site, Microsoft Corporation, 1980-2001.

Named in 'Top 100 Beta-testers,' Microsoft Corporation, Operating System Test Team for "Chicago," Nov. 1993.

Beta-test site for major computer software products and operating system platforms for: Microsoft (1983-2002), Symantec-Peter Norton (1993-1998), , Intuit (1985-1087), Traveling Software (1991-4), Arcadia (1986-1987), Hewlett Packard, Lasertools, Artisoft, Forte, Lambsoft, Phoenix Technologies, Metz Software, J.P. Software, Future Trends Multimedia Software, and others.

PUBLICATIONS

Authored Clinical Books

- Lankton, S. (2008). *Tools of Intention: Strategies that Inspire Change*. P.O. 9489, Phoenix, AZ 85068. ISBN: 978-0-9823288-0-4
- Lankton, S., & Lankton, C. (2008). *The answer within: A clinical framework of Ericksonian hypnotherapy*. New York: Brunner Mazel Publishers, Inc. ISBN: 978-184590121-9.
- Lankton, S., & Lankton, C. (2007). *Enchantment and intervention in family therapy: Using metaphors in family therapy*. Norwalk, CT: Crown Press. ISBN: 978-184590083-9.
- Lankton, S. (2004). *Assembling Ericksonian therapy: The collected papers of Stephen Lankton*. Phoenix: Zeig-Tucker. ISBN: 1-932462-10-4.
- Lankton, S. (2003). *Practical magic: A translation of basic neuro linguistic programming into clinical psychotherapy* (Rev. ed.). Norwalk, CT: Crown House. ISBN: 1-904424-11-2.
- Lankton, C., & Lankton, S. (1989). *Tales of enchantment*. New York: Brunner Mazel. ISBN: 0-87630-504-4.
- Lankton, S. (1988). *A children's book to overcome Fears: The blammo - surprise book!*. New York: Brunner Mazel. ISBN: 0-945354-11-8.
- Lankton, S., & Lankton, C. (1986). *Enchantment and intervention in family therapy: A training seminar on Ericksonian approaches*. New York: Brunner Mazel. ISBN: 0-87630-428-5 .
- Lankton, S., & Lankton, C. (1983). *The answer within: A clinical framework of Ericksonian hypnotherapy*. New York: Brunner Mazel Publishers, Inc. ISBN: 0-87630-320-3.
- Lankton, S. (1980). *Practical magic: A translation of basic neuro linguistic programming into clinical psychotherapy*. Palo Alto, CA: Meta Pubs. ISBN: 0-916990-08-7.

Edited Clinical Books

- Lankton, S., & Zeig, J. (Eds.). (1994). *Ericksonian monographs: Number 10. Difficult Contexts for Therapy*. New York: Brunner Mazel. ISBN: 0-87630-749-7.
- Lankton, S., & Erickson, K. (Eds.). (1993). *Ericksonian monographs: Number 9. Essence of single session success*. New York: Brunner Mazel. ISBN: 0-87630-727-6.
- Lankton, S., Gilligan, S., & Zeig, J. (Eds.). (1991). *Views on Ericksonian brief therapy, process and action: Number 8*. New York: Brunner Mazel. ISBN: 0-87630-646-6.
- Lankton, S. (Ed.). (1990). *Ericksonian monographs: Number 7. Broader implications of Ericksonian therapy*. New York: Brunner Mazel. ISBN: 0-87630-582-6.
- Lankton, S., & Zeig, J. (Eds.). (1989). *Ericksonian monographs: Number 6. Extrapolations: Demonstrations of Ericksonian therapy*. New York: Brunner Mazel. ISBN: 0-87630-567-2.
- Lankton, S. (Ed.). (1989). *Ericksonian monographs: Number 5. Ericksonian hypnosis: Application, preparation, and research*. New York: Brunner Mazel. ISBN: 0-87630-523-0.
- Zeig, J., & Lankton, S. (Eds.). (1988). *Developing Ericksonian psychotherapy: State of the arts. The proceedings of the third international congress on Ericksonian psychotherapy*. New York: Brunner Mazel. ISBN: 0-87630-501-X.
- Lankton, S., & Zeig, J. (Eds.). (1988). *Ericksonian monographs: Number 4. Research comparisons and medical applications*. New York: Brunner Mazel. ISBN: 0-87630-510-9
- Lankton, S., & Zeig, J. (Eds.). (1988). *Ericksonian monographs: Number 3. Special treatment populations*. New York: Brunner Mazel. ISBN: 0-87630-494-3.
- Lankton, S. (Ed.). (1987). *Ericksonian monographs: Number 2. Central themes and underlying principles*. New York: Brunner Mazel. ISBN: 0-87630-470-6.
- Lankton, S. (Ed.). (1985). *Ericksonian monographs: Number 1. Elements and dimensions of an Ericksonian approach*. New York: Brunner Mazel. ISBN: 0-87630-411-0.

Chapters and Articles

- Lankton, S. & Matthews, W. (2009, in press). Chapter 8: An Ericksonian Model of Clinical Hypnosis. In S. Lynn, J. Rhue, & I. Kirsch (Eds.) *Handbook of Clinical Hypnosis, Second Edition*. American Psychological Association Press.
- Lankton, S. (2008). Hypnosis In couples therapy: Forming positive unconscious contracts. *Family Therapy Magazine*, July 2008, 32-35. The American Association for Marriage and Family Therapy.
- Lankton, S. (2008). An Ericksonian Approach to Clinical Hypnosis. In M. Nash & A. Barnier (Eds.) *Oxford Handbook of Hypnosis*. Oxford Press, pp.467-486.
- Lankton, S. (2008). An Ericksonian Approach to Hypnosis. In D. Spiegel, S. Lynn, E. Lang, and A. Barabasz (Eds.). *Hypnosis and Hypnotherapy. Praeger imprint's Perspectives on Brain, Behavior, and Evolution Series*. Greenwood Publishers, Westport, CT.
- Lankton, S. (2007). Psychotherapeutic intervention for numerous and large viral warts with adjunctive hypnosis: A case study. *American Journal of Clinical Hypnosis* (49)3, 211-218.
- Lankton, S. (2005). Foreword. In D. Short, B. A. Erickson, and R. E. Klein (Authors), *Hope and resiliency: Understanding the psychotherapeutic strategies of Milton H. Erickson*. New York: Crown House Publishers.
- Lankton, S. (2004). "Both Sides of the Story" In Kottler, J. & Carlson, J.. (2004). *Their Finest Hour: Master Therapists Share Their Greatest Success Stories.*, pp. 159-164. New York. Pearson, Allyn & Bacon Publishing.
- Lankton, S.R. (2003). "Brief Marital Therapy" summary statement in NIMH Empirically Supported Psychological Interventions. <http://www.therapyadvisor.com>
- Lankton, S. (2003). "Saved by a Ghost" In Kottler, J. and Carlson, J. (Eds.). *The Mummy at the Dining Room Table: Eminent Therapists Reveal Their Most Unusual Cases*. pp. 264-274, Jossey-Bass/Wiley.
- Lankton, S. (2002). "The Speaking the Client's Language." In Kottler, J. and Carlson, J. (Eds.) *Bad Therapy: Master Therapists Share Their Worst Failures*, pp. 67-74. Brunner-Routledge.
- Lankton, S. (2002). "The Use of Therapeutic Metaphor in Social Work." In Roberts, A. and Greene, G. (Eds.) *Social workers' desk reference*, pp. 385-391. New York: Oxford University Press.
- Lankton, S. (2002). "Forward" In Battin, Rubin (Author), *Metaphoria: Metaphor and Guided Metaphor for Psychotherapy and Healing*, Crown House Publishing.
- Lankton, S. (2001). "Goal-Directed Interventions for Decisive Resolution of Coping Limitations Resulting from Moderate and Severe Trauma." In Geary, B. and Zeig, J. (Eds.). *The handbook of ericksonian psychotherapy*, pp. 195-211. Phoenix. The Milton H. Erickson Foundation Press.
- Lankton, S. (2001). "Using Hypnosis in Brief Therapy." *Journal of brief therapy*, volume 1, number 1, pp. 17-32, Winter 2001, Springer Publishing.
- Lankton, S. (2001) "Jay Haley's Impact on the Rise of Ericksonian Therapy." *Changing Directives: The strategic therapy of Jay Haley*, pp. 59-83. The Milton Erickson Foundation Press, Phoenix, AZ.
- Lankton, S., Lankton, C., Brown, M. (2001). "Psychological Level Communication in Transactional Analysis." *Volume of Selected Articles from the transactional analysis journal*, pp. 35-47. International Transactional Analysis Association. Oakland, CA.

- Lankton, S., (2001). "Ericksonian Therapy," In Corsini, R. (Ed.). *Handbook of innovative psychotherapy*, Second edition, pp. 194-205. New York: Wiley.
- Lankton, S., & Lankton, C., (2001). "Spezifische Phobien: Komplexes Dissoziation-Assoziation-Verfahren," in Revenstorf, D. & Perter, B. (Eds.) *Hypnose in psychotherapie, psychosomatik und medizin*, pp. 449-456. New York: Springer.
- Lankton, S., (2000). "Ericksonian Hypnotherapy," In Corsini, R. (Ed.). *Six therapists and one client, second edition*, pp. 15-84. New York: Wiley.
- Lankton, S., (2000). "Hypnosis," In Dollemore, D. et. Al. (Eds.). *Seniors guide to pain-free living*, pp. 122-125. New York: Rodale.
- Lankton, S., Lankton, C. (1998). "Ericksonian Emergent Epistemologies: Embracing A New Paradigm," In Hoyt, Michael F. (Ed.). *The handbook of constructive therapies*. pp. 116-136. San Francisco: Jossey-Bass.
- Lankton, S., and Puterbaugh, K. (1998). "Document Engineering Knowledge White Paper", In Go Inside, <http://goinside.com/98/1/kirk-1.html>, Jan., 1998.
- Lankton, S. (1998). "Decisive Resolution of Trauma in Brief Therapy", In Go Inside, <http://goinside.com>, Apr., 1998.
- Lankton, S., Lankton, C. (1997). "Ericksonian Approaches in Social Work," In Dorfman, R. (Ed.). *Paradigms in clinical social work*, volume 2, pp. 149-184. New York: Brunner Mazel.
- Lankton, S., Lankton, C., Bloom, P. (1997). "How Does a Non-Ericksonian Integrate Ericksonian Techniques?," In Matthews, W. & Edgette, J. (Eds.). *The evolution of brief therapy: An annual publication of the Milton H. Erickson Foundation, volume 1*, pp. 77-91. New York: Brunner Mazel.
- Lankton, S., Lankton, C., (1997). "Application of Ericksonian Principles to Larger Systems" In Matthews, W. & Edgette, J. (Eds.). *Current thinking and research in brief therapy: solutions, strategies, narratives*, pp. 215-238. New York: Brunner Mazel.
- Lankton, S. (1995). "Milton Erickson's Contribution to Therapy," in <http://lankton.com/epist-bg.htm>, July, 1995.
- Lankton, S. (1994). "Everything is Problem Solving: The Essence of the Story." In J. Zeig (Eds.), *Ericksonian Methods: The essence of the story*, pp. 99-116. New York: Brunner/Mazel.
- Matthews, W., Lankton, S., Lankton, C. (1993) "An Ericksonian Model of Hypnotherapy," In E. Kirsch, S. Lynn, J. Rhue (Eds.), , pp. 187-214 *The handbook of clinical hypnosis*. APA
- Lankton, S., Lankton, C., & Matthews, W. (1991). Ericksonian family therapy. In A. Gurman & D. Kniskern (Eds.), *The handbook of family therapy, volume 2*, pp. 239-283. New York: Brunner Mazel.
- Lankton, S. & Lankton, C. (1991). "Climbing squaw peak with Stephen Lankton," in Klippstein & Hildegard (Eds.) *Ericksonian hypnotherapeutic group inductions*, pp. 223-247. Brunner/Mazel.
- Lankton, S. & Lankton, C. (1990). "Systemic treatment of family members," *Journal of Couples Therapy, Vol. 1*, No. 2, pp. 77-87. Haworth Press.
- Lankton, S. (1990). "Ericksonian - Strategic Therapy," In J. Zeig and M. Munion (Eds.) *What is psychotherapy: Contemporary perspectives*, pp. 363-370. Jossey-Bass.
- Lankton, S. (1990). "Using Hypnosis to Motivate Clients with a History of Early Family Violence." In S. Lankton & J. Zeig (Eds.). *Ericksonian monographs: Number 6: Ericksonian therapy verbatim*, pp. 43-60. New York: Brunner/Mazel.
- Lankton, S. (1989). "Just Do Good Therapy." In S. Gilligan & J. Zeig (Eds.), *Brief therapy: Myths, methods, and metaphors*, pp. 62-77. New York: Brunner/Mazel.
- Lankton, S. (1988). "Ericksonian Systemic Approach." In S. Lankton & J. Zeig (Eds.), *Developing Ericksonian psychotherapy, state of the arts: Proceedings of the third interna-*

- tional congress on Ericksonian approaches to psychotherapy*, pp. 417-437. New York: Brunner/Mazel.
- Lankton, S. (1987). "The Scramble Technique," In S. Lankton (Ed.) *The Ericksonian monographs, number 2: Themes and principles of Ericksonian therapy*, 56-68. New York: Brunner/Mazel.
- Lankton, S. (1987). "Hypnotherapy Today: The Ericksonian Influence." In A. Dittrich and C. Scharfetter (Ed.) *Ethnopsychotherapie*, pp. 200-213. Stuttgart, W. Germany: Enke-Verlag.
- Lankton, S. (1987). "Hypnosis and Hypnotherapy" In Andrew Stanway Ed.) *The natural family doctor*, pp. 310-313. London, England: Gala Books Limited.
- Lankton, S. & Lankton, C. (1987) "Self-Image Thinking: Power Secret," in *Bottom line/personal*, Vol. 8, Num. 20, p. 9. Box 1027 Millburn, NJ 07041. Oct. 30, 1987.
- Lankton, S. (1987). "Papa Don't Preach," in *The family therapy networker*, March-April 1987, pp. 50-53. Washington, DC.
- Lankton, S., Lankton, C., Brown, M. (1986). "Livello Psicologico di Comunicazione" in *Analisi Transazionale. Rivista Italiana de analisi transazionale e metodologie psicoterapeutiche*, Vol. VI, No 10, pp. 38-56. Rome: Elengraf.
- Lankton, S. (1986). "How Can You Decide Which Metaphors Are Right for a Particular Client." In Gerald Edelstien, Daniel Araoz, and Bernie Zilbergeld (Ed.) *Questions and answers in the practice of hypnosis*, pp. 261-267. New York: Norton and Co.
- Lankton, S. (1985). "Multiple Embedded Metaphor and Diagnosis." In Jeffrey K. Zeig (Ed.) *Ericksonian approaches psychotherapy, volume 1: Structures*, pp. 171-195. New York: Brunner/Mazel Publishers.
- Lankton, S. (1985). "A States of Consciousness Model of Ericksonian Hypnotherapy," In S. Lankton (Ed.) *Ericksonian monographs number 1: Elements and dimensions of an ericksonian approach*, pp. 26-41. New York: Brunner/Mazel.
- Lankton, S. (1985). "Klientenspezifische Formulierung therapeutischer Metaphern oder: Fur jeden Klienten die richtige Story." In *Hypnose und kognition* April 1985, pp. 54-62. Munich: Steinbauer & Rau.
- Lankton, S. & Lankton, C. (1985) "Ericksonian Styles of Paradoxical Therapy." In Gerald Weeks (Ed.) *Promoting change through paradoxical therapy*, pp. 134-186. Homewood, Illinois: Dorsey Press.
- Lankton, S. (1982). "The Occurrence and Use of Trance Phenomena in Non-Hypnotic Therapies." In Jeffrey K. Zeig (Ed.) *Ericksonian approaches to hypnosis and psychotherapy*, pp. 132-143. New York: Brunner/Mazel Publishers.
- Lankton, S., Lankton, C., & Brown, M. (1981). "Psychological Level Communication in Transactional Analysis," *Transactional analysis journal*, Vol. 11, No. 4, pp. 287-299. October, 1981. San Francisco: Transactional Analysis Press.
- Lankton, S. (1980). "Experience Chains: Change at a Higher Level." in Joe Cassius (Ed.) *Horizons in bioenergetics*, pp. 56-73, Memphis: Promethean Publications.

Clinical Training Video Tapes and DVDs

- Lankton, S. (2008). "Using Hypnosis in a Brief Therapy Demo," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (2003). "Pain Control in Brief Therapy," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1999). "The Joy of Doing Very Little," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1998). "Examining the Resolution of Anxiety and Pain Problems using Hypnosis by Stephen Lankton," a video tape. Phoenix, Arizona: Zeig and Tucker Publishers, Inc.
- Lankton, S. (1998). "Brief Therapy Inside Out: Ericksonian Approaches Using Hypnosis by Stephen Lankton," two video tapes. Phoenix, Arizona: Zeig and Tucker Publishers, Inc.

- Lankton, S. (1997). "Generalizing Change for Profound work in a single session," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1996). "Brief Therapy with Hypnosis," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1995). "Identifying the Vital Elements to Change in a Session Using Hypnosis." Munich, Germany: Milton H. Erickson Gesellschaft.
- Lankton, S. (1995). "Hypnosis (Brief Therapy) and Pain Control." Munich, Germany: Milton H. Erickson Gesellschaft.
- Lankton, S. (1994) "Re-negotiating Treatment Contacts Before and During Hypnotherapy," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1993) "Getting Wheels in Action in Brief Therapy," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1992) "The Role of Association and Dissociation in Co-creating Experience in Therapy," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1988). "The Use of Hypnotherapy to Motivate Clients with a History of Physical and Sexual Abuse," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1986). "Hypnosis and Family Therapy," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. & Lankton, C., (1984) "The Use of Multiple Embedded Metaphor for Psychological Reassociation," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1983) "Clinical Use of Trance Phenomena for Therapy and Pain Control," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. & Lankton, C., (1982) "Dual Induction with Dissociation," (with C. Lankton). a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1981) "Varieties of Indirect Suggestion," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.

Clinical Audio Tapes and CDs

- Lankton, S. (2008). *Tools of Intention: Strategies that Inspire Change : Eleven Fundamental Exercises*. P.O. 9489, Phoenix, AZ 85068. 978-0-9823288-1-1
- Lankton, S. & Lankton, C. (1987). "Advanced Metaphor Demonstrations: Enchantment and Intervention,". an audio tape. New York: Brunner/Mazel.
- Lankton, S. & Lankton, C. (1983). "Treatment Planning and Delivery In Ericksonian Hypnotherapy: The Psychological Sequelae of Skin Cancer," (with C. Lankton). An audio tape and accompanying pamphlet. New York: Brunner/Mazel.
- Lankton, S. & Lankton, C. (1983). "The Case of Acute Hysterical Anxiety," (with C. Lankton). An audio tape accompanying The Answer Within. New York: Brunner/Mazel, Inc.
- Lankton, S. & Lankton, C. (1982). "Self-Image Thinking Program." (with C. Lankton). Transactional Analysis in Customer Treatment II. a slide-tape training program. Fort Worth, TX: American Airlines Personnel Resources.

Corporate Chapters and Articles

- Lankton, S. & Xerox Corporation. (1997-9). "Document Engineering Methodology." Virginia: Xerox Corp.
- Lankton, S. (1997). "Document Engineering Knowledge White Paper", In Go Inside, <http://goinside.com>, Jan., 1998.
- Lankton, S., Lankton, C., (1996) "Application of Ericksonian Principles to Larger Systems," In Matthews, W. & Edgette, J. (Eds.). The evolution of brief therapy: An annual publication of the Milton H. Erickson Foundation, volume 1. New York: Brunner Mazel.

Corporate Marketing

- "Omnibus," Television commercial, for Dollar Dry Dock Bank, White Plains, NY, June, 1988.

Major Corporate Consultations

- American Airlines (1983-1),
- American Express Corp. (1996-7),
- Blue Cross / Blue Shield of NY (2003),
- Brunner Mazel, Inc. (1996-7),
- Cincinnati Bell Telephone (1996),
- Chubb Insurance (1997),
- Dollar Dry Dock Bank (1986-8),
- Empire Blue Cross / Blue Shield of New York (1997),
- In-Transit Communications Corporation (2002)
- InFlight Media Group, Inc. (2002)
- Liberty Insurance (1996),
- New York State Tax and Finance (1996-8),
- New York State Dept. of Children's Services (1997-9),
- New York State Welfare Dept. Front-end Modernization Project (1999-2000),
- Michigan Gaming Control Board (2002),
- Milton Erickson Foundation, Inc. (1995-9),
- NorTel Corporation (1996),
- Ocshner Health Care (1998-9)
- Principle Health Care (1997-8),
- Provident Mutual Life (1998),
- Provident Technical Services (1994),
- State Farm Insurance (1998),
- Strategic Solutions (1994-8),
- U.S.A.A. Insurance (1995-6),
- U. S. Internal Revenue Service (1998-9),
- Wells Fargo Bank (1996),
- Xerox Corporation (1993-2002), and others

EMPLOYMENT

Current Employment Summary

Private Clinical Training and Clinical Consulting
P.O. Box 9489, Phoenix, AZ 85068.
(602) 532-0800.

Editor-In-Chief, *American Journal of Clinical Hypnosis*
American Society for Clinical Hypnosis
140 N. Bloomingdale Rd., Bloomingdale, IL 60108
(630) 980-4740

HV Diagnostic Clinician, Windstone Behavioral Health
151 Kalmus Dr., Ste. K-1
Costa Mesa, CA 92626
480-440-5331

Detailed Clinical Employment Listing

Dates: Jan. 2010 – present
Position: HV Diagnostic Clinician
Employer: Windstone Behavioral Health
Contact: Windstone Behavioral Health
151 Kalmus Dr., Ste. K-1
Costa Mesa, CA 92626
480-440-5331

I conduct home visits to produce a valid clinical diagnosis of seniors in the Phoenix area who were pre-screened and determined to potentially need psychotherapy. Duties also allow for continuing to provide psychotherapy for this population via Mental Health Net Insurance.

Dates: April 2005 – present
Position: Editor-in-Chief, *American Journal of Clinical Hypnosis*
Employer: American Association of Clinical Hypnosis
Contact: President
American Society of Clinical Hypnosis
140 N. Bloomingdale Rd
Bloomingdale, IL 60108

As the Editor, my duties are to produce a peer-reviewed journal quarterly (Jan, Apr, July, and Oct.); maintain an editorial board of established experts in the field.

Dates: May 1979 - Present

Position: Private Clinical Training, Clinical Consulting, Clinical Practice

Employer: Stephen R. Lankton, MSW, DAHB, LLC

Lankton and Associates (DBA, founded 1980)

P.O. Box 9489, Phoenix, AZ 85068.

(602) 532-0800.

Nature of Business: Private full-time therapy practice (assessment and therapy for individuals, couples, and families), training, and workshop seminar presentations for professionals in mental health fields internationally. Areas of training include: Ericksonian hypnotherapy, psychological level communication, family therapy techniques, diagnosis, and treatment planning frameworks.

During the 1980 and 1990s, I provided ongoing monthly training programs in Boston (7 years), New Haven (3 years), Miami (6 years), Atlanta (2 year), Indianapolis (2 year), Austin (2 year), and quarterly training in Pensacola Beach (currently and for 13 years), Zurich (quarterly for 3 year), and Munich (quarterly for 10 year). Additionally, I have conducted training throughout Australia, New Zealand, England, Italy, France, Canada, Norway, Germany, Switzerland, Austria, Israel, Basil, Japan, Singapore, Hong Kong, and the U.S. Invited presentations have been delivered to dozens of universities (Univ. of MI, Xavier, USCA, John Hopkins, Harvard, NJ School of Medicine, McGill, MSU, Pennsylvania University, Univ. Miami, Florida State, Nova, Univ. of CT, Univ. N. TX, Univ. of NY, Univ. of Ark., etc.) most professional organizations including: AAMFT, ASCH, AGPA, AFTA, AAP, NASW, ITAA, Ortho, Milton Erickson Foundation, etc., and to state professional organizations including those of Psychology, Psychiatry, Family Therapy, and Social Work in almost all US states.

Finally, I provided training for treatment organizations throughout the US and Canada including: Family Service organizations, Community Mental Health Clinics, Hospitals, Pain Clinics (e.g., Oschner, Rivendale, etc.), and recognized professional training institutes.

In each of these cases training has been conducted to improve the delivery skills of audience consisting exclusively of master and doctorate level health care professional clinicians in post-graduate clinical training or seeking professional recertification.

To represent some of this training I authored dozens of professional chapters and several best-selling professional books including *The Answer Within: A Clinical Framework of Ericksonian Hypnotherapy*; *Enchantment and Intervention in the Family: Using Metaphor in Family Therapy*; *Tales of Enchantment: Goal Oriented Metaphors for Adults and Children in Therapy*; and *Assembling Ericksonian Therapy: The Collected Papers of Stephen R. Lankton*; and *Tools of Intention: Strategies that Inspire Change*.

Early in this training practice I established and conducted year-long ongoing training groups for clinicians in six states which continued for up to five years (in Boston), and wrote my first of 19 books.

In 1981 (until 2002) I incorporated my business consultation practice under the name *Matrix Communications and Learning Systems, Inc.* and continued consultation and workshops for business and government agencies.

The corporate trainings were individually tailored to target group needs: motivation, negotiation, learning, and self management, focus groups, corporate vision enrichment, electronic and other media interface strategies. These consultations were conducted for organizations including American Airlines Training Resource HQ, for whom I developed the Self-image Thinking portion of their famous T.A.C.T. program (it became a training program used for their 10,000 contact

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personnel employees in emotional self management skills during 1983-4). I trained other business consulting professionals in the US and England beginning in 1984. In 1988 my corporate consultation shifted to include writing several television commercials for banking customers in the New York based area. I developed a methodology called Interface Management Sciencesm to embrace the complex emerging paradigms in the business world that became the backbone and official methodology for the Xerox Document Engineering consulting services. This resulted in CEO level enterprise management projects with organizations that included the IRS, NY Tax and Revenue, Empire BCBS, USAA, and others.

In 1990 I formed an additional company called *Lankton and Associates* to provide a national therapy referral network, conduct co-writing, and co-training with my most advanced students in the fields of behavior science, psychology, family therapy, and social work. Most notable of these projects is the publication of chapters outlining my theory and approach in the encyclopedic works of family therapy, hypnotherapy, and brief therapy (see the attached bibliography) that include: *Handbook of Family Therapy Volume Two*, the APA's *Handbook of Clinical Hypnosis*, *The Handbook of Innovative Therapy*, *The Handbook of Constructive Therapy*, *The Social Work Desk Reference*, *The Oxford Handbook of Hypnosis*, and the *Harvard Handbook of Clinical Hypnosis*.

Dates: August 2004 – Sept. 2008

Position: Faculty Associate

Employer: Arizona State University, Dept. of Sociology and Behavioral Sciences

Contact: Carol Muller, Ph.D.

PO Box 37100

Phoenix, AZ 85069-7100

Faculty associate for the Department of Behavioral Sciences and Sociology. The courses I teach include family diversity, courtship and family, group dynamics, clinical psychology, and related courses.

Dates: Summer 1990 – 2001

Position: Private Practice

Employer: Yarbrough and Associates / Lankton and Associates

1576 Airport Blvd.

Pensacola, FL 32504

904-477-1445

I conducted a private full time outpatient therapy practice associated with Ron Yarbrough, Ph.D. and associates. I was a target provider referral for many physicians, most local pain treatment centers, all HMO's, and other peripheral care givers in the Pensacola and Gulf Breeze area.

Dates: 1990 – 1996

Positions: Psychiatrist's Assistant

Employer: Baptist Hospital, Dept. Psychiatry

Director: James Potter, M.D., Pres. of Medical Staff

Supervisor: Dr. Peter Szmulro, M.D.

1000 W. Moneno St.

Pensacola, FL 32522-7500

I held privileges as a therapist, to function within the hospital as a physician's technician assistant/psychiatrist's assistant. In that role I provided a variety of psychotherapies, hypnosis, and hypnotherapy related therapy for patients involved in problems with stress, cardiology, pulmonary medicine, oncology, etc.

Dates: Winter 1985 – 1996

Position: Adjunct Instructor, Dept. of Psychology, part-time faculty.

Employer: Dept. of Psychology

University of West Florida

Dept. Head: Frank Andrasik, Ph.D.

Pensacola, FL 32504

I taught family therapy courses for graduate students in the Department of Psychology. I served as a part-time faculty member. Courses include: Metaphors in Family Therapy (Psy 5991); A Survey of Issues and Techniques in Family Therapy (Psy 5993); Family Therapy Seminar (Psy 5994), etc.

Dates: Jan. 1974 - July 1979

Position: Certified Social Worker.

Employer: Family Services and Children's Aid of Jackson County.

Supervisor: Mr. Lloyd Demcoe, MSW., A.C.S.W.

729 West Michigan Avenue,

Jackson, Michigan.

(517) 782-8191.

Nature of Business: I provided over forty-four hours per week of direct treatment to client-systems of various sizes including community consultation, staff training, individual, group and family therapy, and graduate student supervision. These included:

Probate Court, Jackson
 Substance Abuse Counsel, Jackson
 Crittenden Home, Jackson
 Southern Michigan Prison, Jackson,
 Foote Hospital, Jackson

I wrote three of the four sections for the state-wide Family Services procedure manual, 1977: "Case Management," "Treatment Modalities," and "Record Keeping." These subsequently were used as the model for development of the procedural manual used at the nation-wide level by the Family Services Association of America.

Dates: September 1974 - January 1978

Position: Instructor, Psychology Dept.

Employer: Jackson Community College.

2111 Emmons Road,

Jackson, Michigan.

Nature of Business: I taught personality theory classes to JCC students utilizing various theoretical frameworks including Transactional Analysis, Gestalt therapy, Psychodrama, and family systems orientations.

Dates: May 1974 - November 1975

Jackson - Hillsdale Community Mental Health Center
Lansing Avenue In-Patient and Day Treatment Center,
Jackson, Michigan.
(517) 787-5970.

Supervisor: Dr. Warren Willie, CMH Board, Exec. Dir. Position: Teaching consultant.
Nature of Business. I provided ongoing staff training in direct client treatment in the theory and techniques group therapy including those of Transactional Analysis, Gestalt and psychodrama. I trained and supervised six therapists in the capacity of establishing a day-treatment outpatient program psychotic adult patients.

Dates: October 1970-May 1973

Position: Child Care Worker.

Employer: Camp Highfields, Inc.

Supervisor: Mr. Darrell Zwick, Casework Director, Ingham County Probate Court,
Old Plank Road
Onondaga, Michigan.
(517) 485-1751.

Nature of Business: Camp Highfields is a residential treatment facility for delinquent and neglected adolescent boys referred through the Michigan court system. As the evening supervisor, I arranged, conducted, and supervised the evening portion of the residential treatment program which facilitated the development of social skills in a peer-group dynamic modality. The supervised staff consisted of four child-care workers and a community of 48 male youths ranging in age from 13 to 17 years old.

Dates: December 1969 - October 1970

Position: Youth Outreach Worker.

Employer: Urban Outreach Programs Dept., YMCA,

Supervisor: Mr. Len Price, Director.
301 West Lenawee,
Lansing, Michigan.
(517) 489-6801.

Nature of Business: Outreach workers establish themselves as liaisons and intervening agents between problem or delinquent youths and agencies of community service. My caseload consisted of 40 high school youths, male and female, specifically chosen because of their heavy involvement in drug abuse, truancy, run-away, vandalism, sexual misconduct, and incorrigibility.

Dates: July 1969 - June 1973

Position: Coordinator of Community Resources, trainer, volunteer.

Employer: The Listening Ear Crisis Intervention Center.

Supervisor: Dr. Dozier Thornton, Dept. of Psychology, MSU,
and June Jacobson, center coordinator.

729 West Michigan Avenue,
East Lansing, Michigan 48823.

Nature of Business: Ours was one of the first suicide and crisis intervention centers in the US. I was involved in all phases of development, organizing, promoting, training, crisis working, and researching our impact on the community. We conducted 70 hour training programs in East Lansing and around the Midwest for other groups hoping to establish similar service in their community. These included:

Listening Ear Training Group - Nov. 1969 to June 1973.
Boys Training School Staff - Jan. 1970.
Lansing Broad. of Education Seminar - Jan. 1971.
MSU Social Work Graduates Seminar - Jan 1971.
Cranbrook Symposium - April 1971.

In this capacity, and working with the aid of the YMCA Outreach Program, I compiled, authored, and distributed the first comprehensive manual of community resources in the area: *Community Resource Catalog for the Lansing - East Lansing Area*. This publication later served as the basis for the United Way to continue to update the project with their larger resources.

Psychotherapy and training experience

August 1975 - December 1979

Hypnotherapy Training,
Milton H. Erickson, M.D.
1201 Hayward Street, Phoenix, Arizona.

I studied at Dr. Erickson's home-office for five years (5 to 9 day sessions approximately every three months for these 5 years). Training consisted of demonstrations and didactic discussions on induction, trance phenomena, diagnosis, case presentations by Dr. Erickson, and personal treatment. I was an invited presenter of a portion of his work (to groups of 800 and the year 2000) at the National seminars and International Congresses on Ericksonian Approaches to Hypnosis and Psychotherapy, December 1980. The workshop was evaluated extremely favorably (number 1 of 133) by the participating clinicians. I have been among the invited faculty in the years 1980 - . Several publications cited earlier are directly related either to my Erickson Congress presentations or my personal training with Dr. Erickson.

October 1975 - November 1984

Provisional Teaching Membership Supervision,
International Transactional Analysis Association.
Supervisor: Michael Brown, Ph.D., CTM. until Nov. 1979.
Supervisor: Vann Joines, M.D., CTM, ITAA. until Jan 85.
Southeast Institute
100 Eastowne Drive, Suite 101
Chapel Hill, NC

Supervision of training groups and teaching presentations I conducted regularly examined, especially when these programs concerned Transactional Analysis. Every three months weekend supervision of my teaching and supervision of others was conducted. I began with two year-long training programs for clinicians in Ann Arbor, Michigan (with Brown), and Jackson, Michigan I

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sponsored and conducted dozens of training programs on family therapy, hypnosis, T.A., Gestalt, Psychodrama, and body therapies. I integrated much of this material with contemporary theories of transactional analysis. As a result of our effort and work in this area the I.T.A.A. recognized by Steve Kapman, MD, my contribution to their body of theory under the name of "Psychological Level Communication" school in T.A. (in the *Transactional Analysis Journal*, Vol. 11, No. 1, January, 1981).

September 1972 - October 1975

Huron Valley Institute.
6869 Marshall Road
Dexter, Michigan.
Transactional Analysis and Gestalt Therapy,
Post Graduate Psychotherapy Training Program.
Supervisor: Dr. Stan Wollams.

Nature of training: I participated in training and therapy programs conducted for eight hours per week. The group required didactic case presentation, supervision, large group supervision, direct and videotape supervision, and personal psychotherapy related to eliminating personal blocks to becoming an effective professional therapist. This training, extracurricular work, and examination eventually lead to my obtaining Clinical Membership in the I.T.A.A. During this period I wrote, organized and conducted a series of cable television programs on family communications and mental health for Con Cable TV, Jackson, Michigan (once a week for ten weeks). I also attended *many* professional training workshops and conferences with leaders including:

Bob Goulding, Alexander Lowen, Bruno Bettelheim, Albert Ellis, Virginia Satir, Carl Whitaker, Charles Elias, Betty Dickenson, Ruth McClendon, Hedges Capers, Bill Hollaway, Steve Karpman, Fanita English, Alan Jacobs, Jacqui Schiff, Ilana Rubinfeld, Krystin Huige, Dan Cassreil and many others.

January 1970 - November 1971

Personal therapy with Dozier Thronton, Ph.D.,
Michigan State University, Michigan.
December 1966 - May 1967

Personal Therapy with Denny Kell, M.A.
Lansing Community College, Michigan.

SUMMARY STATEMENT

Personal View of Work and Post Graduate Learning

"I began my career, as an undergraduate, in 1969 when a psychology professor announced that a crisis intervention center was being started in East Lansing, Michigan. At the time I was an undergrad majoring in engineering and mathematics. The crisis center would be the

2nd in the nation and was to be molded in the image of the San Francisco Suicide Prevention Center. As it turned out, among the hand full of original volunteers in those early months was Jeffrey Zeig, who would remain a friend and colleague. The Listening Ear was launched and eventually had over 170 volunteers. I was one of the directors for several years and one of the crisis intervention and empathy skills trainers -- our training consisted of a 70-hour program for learning empathy skills as well as strategies for handling 'bad trips,' suicide threats, depression, problem pregnancy concerns, and so on. During the four years of working at the center, I became increasingly intrigued with what mental health treatment was all about. As it was the late 60's, the 'personal growth' movement was in full bloom and I was very fortunate to have dozens of opportunities to attend marathon treatment groups, encounter groups, personal growth marathons and groups of all types (e.g., George Bach, William Schutz, Seymour Carter, Esalen staff, MSU psychology staff: Dozier Thornton, Bill Kell, Jerome Kagan, etc.). [I'm sorry such activities are so rare nowadays; clinicians in training after the mid-seventies have no idea of how much learning was to be found in such activities that would shape their personalities, careers, and improve their clinical skills.] With so much exposure and excitement of this type, I shifted my studies and graduated with majors majors -- psychology, anthropology, linguistics, and a minor in history. Concurrent with my matriculation I held employment as a youth outreach worker and later as the evening director of a camp for adjudicated 'delinquent' adolescents, and continued to coordinate the crisis center.

By the time I entered graduate school at the University of Michigan in the Social Work program, I had begun an intensive post-grad training program in Gestalt Therapy and also contracted to endure several years of training to obtain Clinical Membership in the Transactional Analysis Association (with Dr. Stan Woolams, MD). I continued each of these pursuits during grad school and found U. of M. especially responsive to helping develop my interests and the direction they were leading me.

Following graduate school, I began working at Family Services and Children's Aid in Jackson, Michigan -- as the clinical director, Lloyd Demcoe, MSW, was impeccable, intelligent, and wise. During this period, I also became a trainer for Huron Valley Institute in Dexter, Michigan where I began teaching and training. During these years I taught Gestalt Therapy, and TA and was able to acquire further training in areas including Gestalt Therapy (Betty Dickenson, Bob Goulding, Erv and Miriam Polster, John Pierrakos), body therapies (Al Lowen, John Bellis,

Joe Cassium, and received Rolfing), cognitive therapies (Albert Ellis, Aaron Beck, Arnold Lazarus), new-identity therapy (Dan Cassriel), psychodrama (Jacobs, Moreno), Synergy (Illana Rubenfeld), Transactional Analysis (Bob and Mary Goulding, Steve Karpman, Jaqui Schiff, Charles Alias, Jim McKenna, Paul Ware, Richard Erskine, Fanita English, Jerry and Terry White, and others). I published in a few of these areas during that time, began a private training and clinical practice and got to meet and talk to many influential therapists and philosophers around the US, including Gregory Bateson, Erik Fromm, Erika Fromm, Bruno Bettelheim, and others. I brought John Grinder out of California for (what I believe was) the first time and hired him teach my training group in Jackson, Mi. We became friends and I assisted in the modeling and early development of what later become known as NLP. Almost simultaneously, I also began my regular contacts with Milton Erickson, in Phoenix.

My contact with Erickson continued long after I left Jackson Family Services and Huron Valley Institute. I stopped training in Gestalt, TA, NLP, psychodrama, and body therapy and concentrated on 'figuring out' how Dr. Erickson's approach could be understood and replicated. By this point, my training to professionals had become worldwide and my opportunities also expanded. I had the great fortune to study with and sometimes talk at length with so many other luminaries like Gregory Bateson, Bruno Bettelheim, Virginia Satir, Carl Whitaker, Carl Rogers, Rollo May, Erika Fromm, Paul Watzlawick, Dick Fisch, Jay Haley, John Weakland, Sal Minuchin, Thomas Szasz, Murry Bowen, R.D. Laing, and Judd Marmor, etc. Sadly, many of these individuals have now passed (Bateson, Bettelheim, Satir, Whitaker, Rogers, May, Fromm, Weakland, Bowen, Laing, Marmor, and Haley) and am I amazed to have ever had the chance to be with them. These years were wonderful opportunities that can never be recreated due to the death of so many of those great individuals. Yet, each of them helped me shape the therapy and content of the training and therapy I've conducted since 1975.

I relocated to Phoenix, Arizona in 2001 in order to work more closely with the Erickson Foundation and teach at Arizona State University. For five years, beginning in 2004, I was the founding and Executive Director of the Phoenix Institute of Ericksonian Therapy and a faculty of the Intensive Training programs. I began a five year contract as the Editor-in-Chief of the *American Journal of Clinical Hypnosis* in April 2005. I accepted a 2nd 5-year contract with them bringing my editorship to 2010. As a result of the financial decline of 2008, ASU suffered severe budget cuts that, in addition to other cutbacks, even resulted in layoff in one of their

campuses - the West Campus where I taught. I also taught my last Erickson Foundation workshop at the end of 2008 so I can move into writing about my own unique approach. In early 2009 I reshaped my training efforts away from those previous efforts in order to promote interventions of positive psychology and tools of intention to other professions. I am continuing in private clinical practice as an LCSW.

REFERENCES

Old references regarding graduate school at the University of Michigan contact:

Dr. Charles Garvin
School of Social Work
University of Michigan
Frieze Building
Ann Arbor, Michigan 48823
734- 764-1817

Dr. Frank Maple
School of Social Work,
University of Michigan
Frieze Building
Ann Arbor, Michigan 48823
734- 764-1817

Current references regarding professional training, and clinical work:

Michael Yapko, Ph.D.
P.O. Box 487
Fallbrook, CA. 92088-0487
760-402-9300

Ron Yarbrough, Ph.D.
1576 Airport Blvd.
Pensacola, FL 32504
Positions: Director, Affiliate
904-477-1445

Joyce Mills, Ph.D.
6609 N. Scottsdale Rd. Bldg. G-103,
Scottsdale, AZ 85250
(602) 923-2704