

VITA

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Clinical Educational summary

Hypnosis Training, with Milton H. Erickson, MD in clinical hypnosis, Phoenix, AZ, 1975-1979.
Post-Graduate Psychotherapy Training, Huron Valley Institute, Dexter, MI, 1973-6.
Master of Social Work, University of Michigan, (MSW), 1974.
Bachelor of Arts, Michigan State University, (BA), 1972.

Detailed Educational List

1973 - 1974

Degree: MSW; Master of Social Work.
Specialization: Social Systems Approach to Treatment.
University of Michigan, Ann Arbor, Michigan.

1972 - 1973

Michigan State University, East Lansing.
Major: Master of Social Work.

1970 - 1972

Degree: BA; Bachelor of Arts.
Major (4): Psychology, Linguistics, Anthropology, and History
Certificates: Secondary Teaching Certificate.
Michigan State University, East Lansing.

1966 - 1968

Lansing Community College, Lansing, Michigan.

1965 - 1966

Michigan State University, East Lansing.

Clinical Professional affiliations

Social Work

Member; Secretary/Treasurer, Arizona State Board of Behavior Health Examiners,
Social Work Credentialing Committee, 2008-2010
Licensed Clinical Social Worker, Arizona, #LCSW-10443, 2004-July 2010.

Licensed Clinical Social Work, Michigan Dept. of Professional Regulation, 1974-present, #6801002438.

Diplomate, American Board of Examiners in Clinical Social Work, ABECSSW, #009769, 1988-present.

Diplomate in Clinical Social Work, National Association of Social Workers, NASW, 1978-, (Diplomate), #880786632, 1987-present.

Member, Academy of Certified Social Workers, ACSW, #880786632, 1976-present.

Hypnosis

Editor in Chief, *American Journal of Clinical Hypnosis*, 2005- 2010.

Fellow, American Society of Clinical Hypnosis, 2005-present.

Diplomate, American Hypnosis Board for Clinical Social Work, 1990-present, #005

Past-President, American Hypnosis Board for Clinical Social Work 1997-2000, #005

Approved Consultant in Clinical Hypnosis, American Society of Clinical Hypnosis, no. 059, 1993-present.

Certification in Clinical Hypnosis, American Society of Clinical Hypnosis, no. 059, 1993-present.

Secretary/Treasurer, American Hypnosis Board for Clinical Social Work, 1994-97.

Member, Society for Clinical and Experimental Hypnosis, 1979-2002, #550.

Member, American Society for Clinical Hypnosis, 1991- 2005 present, #3990.

Member, International Society of Hypnosis, 1979-present.

Board Member at Large, American Hypnosis Board for Clinical Social Work, 1990-present

Executive Director, Phoenix Institute of Ericksonian Therapy, 2004-2009.

President, Phoenix Society for Clinical Hypnosis, 2005-2006.

Member, Florida Society of Clinical Hypnosis, 1991-2002.

Psychotherapy

Fellow; Board Member, American Psychotherapy Association, 2008-present.

Clinical Member, International Transactional Analysis Association, (now called "Certified Member"), 1975-present.

Fellow, American Academy of Pain Management, #3696, 1991-1992.

Member, American Academy of Psychotherapists, 1983-1985

Family Therapy

Fellow, American Association for Marriage and Family Therapy, AAMFT, #6275, 1987-present.

Approved Supervisor, American Association for Marriage and Family Therapy, AAMFT, #6275, 1989-2007.

Clinical Member, American Association for Marriage and Family Therapy, AAMFT, #6275, 1980-present.

Licensed Marriage and Family Therapist, Florida, #MT00121, 1982-2007.

Clinical Teaching Member, American Family Therapy Association, AFTA, 1987-2000.

Clinical Licenses summarized

Licensed Clinical Social Worker, Arizona, LCSW-10443, 2004 - present.
Licensed Marriage and Family Therapist, Florida, #MT 0121, 1982-2008.
Licensed Clinical Social Work, Michigan Dept. of Professional Regulation, #6801002438, 1974-present.
Licensed Marriage Counselor, Michigan, (# 00687), 1979-1995.
Authorized CEU Provider for PSY, MFT, MSW, and MHC Credits, from Florida Dept. of Professional Regulation, provider # BAP-11-exp. 3/2009; and provider #PCE-16, exp. Apr. 2010 via 'Ericksonian Training Seminars.'

Editor and Editorial Review Board Positions

Editor-in-Chief, *American Journal of Clinical Hypnosis*, 2005- 2010
Editor-in-Chief, *Ericksonian Monographs*. An official publication of the Milton H. Erickson Foundation, Inc., Phoenix, AZ, 1983-1994.
Editorial Review Board, *Journal of Brief Therapy*, 2002-present.
Editorial Review Board, *Annals of the American Psychotherapy Association*, 2005- present.
Editorial Review Board, *Hypnose und Kognition*, Milton Erickson Gesellschaft fur Klinische Hypnose, Munich, Germany, 1984-1997.
Editorial Review Board, *Phoenix*, Revue de Therapeutique et D'Hypnose Ericksoniennes. Paris, France, 1988-2000.
Editorial Review Board, *Journal of Strategic and Systemic Therapy*, 1984-1991.
Editorial Review Board, *Journal of Brief Therapy*, 2002-2005.

Appointments, awards, and other similar activities

Member, Arizona Behavioral Health Examiners Board, Credential Committee, 2008 - 2011.
Lifetime Achievement Award, for Outstanding Contributions in the Field of Psychotherapy, from Milton H. Erickson Foundation, Inc., 1994.
Irving Sector Award, for Advancement of Clinical Hypnosis, from AJCH, 2007.
Author of several books selected to be "main" and "alternate" selections of the month for *Behavior Science Book Service* and *Science and Behavioral Books*, 1983, 1986, 1989, 1994.
Rated 6th (among the ten) most influential author by membership of The American Society of Clinical Hypnosis, 1985 survey (in *AJCH*, July 1985).

Keynote/Plenary Addresses:

- American Society of Clinical Hypnosis, Chicago, 2008.
- Japanese Psychotherapy Association, Osaka, Japan, 2007.
- International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy, 2001;
- International Congress on Systemic Management, Vienna May 2001;
- International Congress on Humanistic Medicine, Garmish, Germany, Oct. 1995;
- NASW of TX, Annual Conference, El Paso, TX, Oct. 17, 1990;

- First European Congress on Ericksonian Approaches to Psychotherapy, Heidelberg, Germany, Sept. 1989;
- Texas Association of Marriage and Family Therapy, Austin, TX, Jan. 1989;
- International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy, 1986;
- Ericksonian Hypnosis and Psychotherapy, Phoenix, AZ, 1998;
- New York State ICEDP, Annual Conference, Albany NY, June. 9, 1998;
- The American Association for Marriage and Family Therapy, 1984.

Invited Featured Faculty:

- Milton Erickson Foundation Intensive Training Programs, Phoenix, Arizona, 2002, 2003, 20004, 2005, 2006, 2007, 2008, 2009.
- International Congress on Thinking, Phoenix, Arizona, 2003.
- International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy: Phoenix 1980, Phoenix 1983, Phoenix 1986, San Francisco 1988, Phoenix 1992, Los Angeles 1994, Phoenix 1999, Phoenix 2001, Phoenix 2004, Anaheim 2005, Phoenix 2007.
- Brief Therapy Conference: Orlando 1993, San Francisco 1996, New York City 1998, Orlando 2002, San Francisco 2003, Anaheim, 2006 & 2008.
- American Psychotherapy Association Annual Conference: Orlando, 2002.
- Training seminar on skill development in hypnotherapy, San Francisco 1981, Dallas 1982, Los Angeles 1984, Phoenix 1997.
- Milton H. Erickson Foundation's 10th Anniversary training seminar: Phoenix 1989.
- International Congress on Systemic Management, Vienna May 2001;
- The Third International Congress for Systemic Therapy, Hamburg, W. Germany, 1995;
- The Second International Congress for Systemic Therapy, Orta, Italy, 1992;
- The Joint Conference: Ericksonian Hypnosis and Psychotherapy - Arts - Facts - Artifacts, Jerusalem, 1992;
- The American Society of Clinical Hypnosis, National Conferences, 1990, 1991, 1992, 1993, 1997, 2004.

Invited Faculty For Workshops, Seminar, And Conferences: at several hundred professional training workshops, congresses, and conferences throughout the United States, Japan, China, Norway, Italy, England, Germany, France, Canada, Brazil, Austria, Australia, New Zealand, Switzerland, and Israel. – 30 page list available upon request, 1975- 2006.

Invited Moderator:

Evolution of Psychotherapy Congress, 1990, and 2005.

Other Professional organization related
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Ethics Committee, , American Society of Clinical Hypnosis, ASCH, 1994-1996.
Board Member at Large, American Board of Hypnosis for Clinical Social Work, (AHBCSW) 1989 - 1993.
Member, Professional Service Organization, Lakeview Community Mental Health Center, Pensacola, FL, 1991-4.

Steering Committee, Pensacola Society for Advancement of Law and Mental Health, 1989 - 1991.

Volunteer Clinician, Doctors of the World – USA, Inc. 2003-2005.

CME Review Committee, Milton H. Erickson Foundation, Inc., 1995-8.

Computer and Electronic Related

Technician Class, and Novice Class No Code Plus Amateur Ham Radio Licence, FCC, July 1998.

Web Site Construction, built the original sites for the Milton H. Erickson Foundation (<http://www.erickson-foundation.org>) and Jay Haley (<http://members.aol.com/prizefilm>), Bunner/Mazel, Inc., American Society for Clinical Hypnosis, American Hypnosis Board for Clinical Social Work (<http://ahbcsh.org>), The Phoenix Institute For Ericksonian Therapy (<http://phxinstitute.com>), and others.

Technical Beta Site, Microsoft Corporation, 1980-2001.

Named in 'Top 100 Beta-testers,' Microsoft Corporation, Operating System Test Team for "Chicago," Nov. 1993.

Beta-test site for major computer software products and operating system platforms for: Microsoft (1983-2002), Symantec-Peter Norton (1993-1998), , Intuit (1985-1087), Traveling Software (1991-4), Arcadia (1986-1987), Hewlett Packard, Lasertools, Artisoft, Forte, Lambsoft, Phoenix Technologies, Metz Software, J.P. Software, Future Trends Multimedia Software, and others.

PUBLICATIONS

Authored Clinical Books

- Lankton, S. (2008). *Tools of Intention: Strategies that Inspire Change*. P.O. 9489, Phoenix, AZ 85068. ISBN: 978-0-9823288-0-4
- Lankton, S., & Lankton, C. (2008). *The answer within: A clinical framework of Ericksonian hypnotherapy*. New York: Brunner Mazel Publishers, Inc. ISBN: 978-184590121-9.
- Lankton, S., & Lankton, C. (2007). *Enchantment and intervention in family therapy: Using metaphors in family therapy*. Norwalk, CT: Crown Press. ISBN: 978-184590083-9.
- Lankton, S. (2004). *Assembling Ericksonian therapy: The collected papers of Stephen Lankton*. Phoenix: Zeig-Tucker. ISBN: 1-932462-10-4.
- Lankton, S. (2003). *Practical magic: A translation of basic neuro linguistic programming into clinical psychotherapy* (Rev. ed.). Norwalk, CT: Crown House. ISBN: 1-904424-11-2.
- Lankton, C., & Lankton, S. (1989). *Tales of enchantment*. New York: Brunner Mazel. ISBN: 0-87630-504-4.
- Lankton, S. (1988). *A children's book to overcome Fears: The blammo - surprise book!*. New York: Brunner Mazel. ISBN: 0-945354-11-8.
- Lankton, S., & Lankton, C. (1986). *Enchantment and intervention in family therapy: A training seminar on Ericksonian approaches*. New York: Brunner Mazel. ISBN: 0-87630-428-5 .
- Lankton, S., & Lankton, C. (1983). *The answer within: A clinical framework of Ericksonian hypnotherapy*. New York: Brunner Mazel Publishers, Inc. ISBN: 0-87630-320-3.
- Lankton, S. (1980). *Practical magic: A translation of basic neuro linguistic programming into clinical psychotherapy*. Palo Alto, CA: Meta Pubs. ISBN: 0-916990-08-7.

Edited Clinical Books

- Lankton, S., & Zeig, J. (Eds.). (1994). *Ericksonian monographs: Number 10. Difficult Contexts for Therapy*. New York: Brunner Mazel. ISBN: 0-87630-749-7.
- Lankton, S., & Erickson, K. (Eds.). (1993). *Ericksonian monographs: Number 9. Essence of single session success*. New York: Brunner Mazel. ISBN: 0-87630-727-6.
- Lankton, S., Gilligan, S., & Zeig, J. (Eds.). (1991). *Views on Ericksonian brief therapy, process and action: Number 8*. New York: Brunner Mazel. ISBN: 0-87630-646-6.
- Lankton, S. (Ed.). (1990). *Ericksonian monographs: Number 7. Broader implications of Ericksonian therapy*. New York: Brunner Mazel. ISBN: 0-87630-582-6.
- Lankton, S., & Zeig, J. (Eds.). (1989). *Ericksonian monographs: Number 6. Extrapolations: Demonstrations of Ericksonian therapy*. New York: Brunner Mazel. ISBN: 0-87630-567-2.
- Lankton, S. (Ed.). (1989). *Ericksonian monographs: Number 5. Ericksonian hypnosis: Application, preparation, and research*. New York: Brunner Mazel. ISBN: 0-87630-523-0.

- Zeig, J., & Lankton, S. (Eds.). (1988). *Developing Ericksonian psychotherapy: State of the arts. The proceedings of the third international congress on Ericksonian psychotherapy*. New York: Brunner Mazel. ISBN: 0-87630-501-X.
- Lankton, S., & Zeig, J. (Eds.). (1988). *Ericksonian monographs: Number 4. Research comparisons and medical applications*. New York: Brunner Mazel. ISBN: 0-87630-510-9
- Lankton, S., & Zeig, J. (Eds.). (1988). *Ericksonian monographs: Number 3. Special treatment populations*. New York: Brunner Mazel. ISBN: 0-87630-494-3.
- Lankton, S. (Ed.). (1987). *Ericksonian monographs: Number 2. Central themes and underlying principles*. New York: Brunner Mazel. ISBN: 0-87630-470-6.
- Lankton, S. (Ed.). (1985). *Ericksonian monographs: Number 1. Elements and dimensions of an Ericksonian approach*. New York: Brunner Mazel. ISBN: 0-87630-411-0.

Chapters and Articles

- Lankton, S. (2008). Hypnosis In couples therapy: Forming positive unconscious contracts. *Family Therapy Magazine*, July 2008, 32-35. The American Association for Marriage and Family Therapy.
- Lankton, S. (2008). An Ericksonian Approach to Clinical Hypnosis. In M. Nash & A. Barnier (Eds.) *Oxford Handbook of Hypnosis*. Oxford Press, pp.467-486.
- Lankton, S. (2008). An Ericksonian Approach to Hypnosis. In D. Spiegel, S. Lynn, E. Lang, and A. Barabasz (Eds.). *Hypnosis and Hypnotherapy. Praeger imprint's Perspectives on Brain, Behavior, and Evolution Series*. Greenwood Publishers, Westport, CT.
- Lankton, S. (2007). Psychotherapeutic intervention for numerous and large viral warts with adjunctive hypnosis: A case study. *American Journal of Clinical Hypnosis* (49)3, 211-218.
- Lankton, S. (2005). Foreword. In D. Short, B. A. Erickson, and R. E. Klein (Authors), *Hope and resiliency: Understanding the psychotherapeutic strategies of Milton H. Erickson*. New York: Crown House Publishers.
- Lankton, S. (2004). "Both Sides of the Story" In Kottler, J. & Carlson, J.. (2004). *Their Finest Hour: Master Therapists Share Their Greatest Success Stories*, pp. 159-164. New York. Pearson, Allyn & Bacon Publishing.
- Lankton, S.R. (2003). "Brief Marital Therapy" summary statement in NIMH Empirically Supported Psychological Interventions. <http://www.therapyadvisor.com>
- Lankton, S. (2003). "Saved by a Ghost" In Kottler, J. and Carlson, J. (Eds.). *The Mummy at the Dining Room Table: Eminent Therapists Reveal Their Most Unusual Cases*. pp. 264-274, Jossey-Bass/Wiley.
- Lankton, S. (2002). "The Speaking the Client's Language." In Kottler, J. and Carlson, J. (Eds.) *Bad Therapy: Master Therapists Share Their Worst Failures*, pp. 67-74. Brunner-Routledge.
- Lankton, S. (2002). "The Use of Therapeutic Metaphor in Social Work." In Roberts, A. and Greene, G. (Eds.) *Social workers' desk reference*, pp. 385-391. New York: Oxford University Press.
- Lankton, S. (2002). "Forward" In Battin, Rubin (Author), *Metaphoria: Metaphor and Guided Metaphor for Psychotherapy and Healing*, Crown House Publishing.
- Lankton, S. (2001). "Goal-Directed Interventions for Decisive Resolution of Coping Limitations Resulting from Moderate and Severe Trauma." In Geary, B. and Zeig, J. (Eds.). *The handbook of ericksonian psychotherapy*, pp. 195-211. Phoenix. The Milton H. Erickson Foundation Press.
- Lankton, S. (2001). "Using Hypnosis in Brief Therapy." *Journal of brief therapy*, volume 1, number 1, pp. 17-32, Winter 2001, Springer Publishing.
- Lankton, S. (2001) "Jay Haley's Impact on the Rise of Ericksonian Therapy." *Changing Directives: The strategic therapy of Jay Haley*, pp. 59-83. The Milton Erickson Foundation Press, Phoenix, AZ.
- Lankton, S., Lankton, C., Brown, M. (2001). "Psychological Level Communication in Transactional Analysis." *Volume of Selected Articles from the transactional*

- analysis journal*, pp. 35-47. International Transactional Analysis Association. Oakland, CA.
- Lankton, S., (2001). "Ericksonian Therapy," In Corsini, R. (Ed.). *Handbook of innovative psychotherapy*, Second edition, pp. 194-205. New York: Wiley.
- Lankton, S., & Lankton, C., (2001). "Spezifische Phobien: Komplexes Dissoziation-Assoziation-Verfahren," in Revenstorf, D. & Perter, B. (Eds.) *Hypnose in psychotherapie, psychosomatik und medizin*, pp. 449-456. New York: Springer.
- Lankton, S., (2000). "Ericksonian Hypnotherapy," In Corsini, R. (Ed.). *Six therapists and one client, second edition*, pp. 15-84. New York: Wiley.
- Lankton, S., (2000). "Hypnosis," In Dollemore, D. et. Al. (Eds.). *Seniors guide to pain-free living*, pp. 122-125. New York: Rodale.
- Lankton, S., Lankton, C. (1998). "Ericksonian Emergent Epistemologies: Embracing A New Paradigm," In Hoyt, Michael F. (Ed.). *The handbook of constructive therapies*. pp. 116-136. San Francisco: Jossey-Bass.
- Lankton, S., and Puterbaugh, K. (1998). "Document Engineering Knowledge White Paper", In Go Inside, <http://goinside.com/98/1/kirk-1.html>, Jan., 1998.
- Lankton, S. (1998). "Decisive Resolution of Trauma in Brief Therapy", In Go Inside, <http://goinside.com>, Apr., 1998.
- Lankton, S., Lankton, C. (1997). "Ericksonian Approaches in Social Work," In Dorfman, R. (Ed.). *Paradigms in clinical social work*, volume 2, pp. 149-184. New York: Brunner Mazel.
- Lankton, S., Lankton, C., Bloom, P. (1997). "How Does a Non-Ericksonian Integrate Ericksonian Techniques?," In Matthews, W. & Edgette, J. (Eds.). *The evolution of brief therapy: An annual publication of the Milton H. Erickson Foundation, volume 1*, pp. 77-91. New York: Brunner Mazel.
- Lankton, S., Lankton, C., (1997). "Application of Ericksonian Principles to Larger Systems" In Matthews, W. & Edgette, J. (Eds.). *Current thinking and research in brief therapy: solutions, strategies, narratives*, pp. 215-238. New York: Brunner Mazel.
- Lankton, S. (1995). "Milton Erickson's Contribution to Therapy," in <http://lankton.com/epist-bg.htm>, July, 1995.
- Lankton, S. (1994). "Everything is Problem Solving: The Essence of the Story." In J. Zeig (Eds.), *Ericksonian Methods: The essence of the story*, pp. 99-116. New York: Brunner/Mazel.
- Matthews, W., Lankton, S., Lankton, C. (1993) "An Ericksonian Model of Hypnotherapy," In E. Kirsch, S. Lynn, J. Rhue (Eds.). , pp. 187-214 *The handbook of clinical hypnosis*. APA
- Lankton, S., Lankton, C., & Matthews, W. (1991). Ericksonian family therapy. In A. Gurman & D. Kniskern (Eds.), *The handbook of family therapy, volume 2*, pp. 239-283. New York: Brunner Mazel.
- Lankton, S. & Lankton, C. (1991). "Climbing squaw peak with Stephen Lankton," in Klippstein & Hildegard (Eds.) *Ericksonian hypnotherapeutic group inductions*, pp. 223-247. Brunner/Mazel.
- Lankton, S. & Lankton, C. (1990). "Systemic treatment of family members," *Journal of Couples Therapy, Vol. 1*, No. 2, pp. 77-87. Haworth Press.
- Lankton, S. (1990). "Ericksonian - Strategic Therapy," In J. Zeig and M. Munion (Eds.) *What is psychotherapy: Contemporary perspectives*, pp. 363-370. Jossey-Bass.

- Lankton, S. (1990). "Using Hypnosis to Motivate Clients with a History of Early Family Violence." In S. Lankton & J. Zeig (Eds.). *Ericksonian monographs: Number 6: Ericksonian therapy verbatim*, pp. 43-60. New York: Brunner/Mazel.
- Lankton, S. (1989). "Just Do Good Therapy." In S. Gilligan & J. Zeig (Eds.), *Brief therapy: Myths, methods, and metaphors*, pp. 62-77. New York: Brunner/Mazel.
- Lankton, S. (1988). "Ericksonian Systemic Approach." In S. Lankton & J. Zeig (Eds.), *Developing Ericksonian psychotherapy, state of the arts: Proceedings of the third international congress on Ericksonian approaches to psychotherapy*, pp. 417-437. New York: Brunner/Mazel.
- Lankton, S. (1987). "The Scramble Technique," In S. Lankton (Ed.) *The Ericksonian monographs, number 2: Themes and principles of Ericksonian therapy*, 56-68. New York: Brunner/Mazel.
- Lankton, S. (1987). "Hypnotherapy Today: The Ericksonian Influence." In A. Dittrich and C. Scharfetter (Ed.) *Ethnopsychotherapie*, pp. 200-213. Stuttgart, W. Germany: Enke-Verlag.
- Lankton, S. (1987). "Hypnosis and Hypnotherapy" In Andrew Stanway Ed.) *The natural family doctor*, pp. 310-313. London, England: Gala Books Limited.
- Lankton, S. & Lankton, C. (1987) "Self-Image Thinking: Power Secret," in *Bottom line/personal*, Vol. 8, Num. 20, p. 9. Box 1027 Millburn, NJ 07041. Oct. 30, 1987.
- Lankton, S. (1987). "Papa Don't Preach," in *The family therapy networker*, March-April 1987, pp. 50-53. Washington, DC.
- Lankton, S., Lankton, C., Brown, M. (1986). "Livello Psicologico di Comunicazione" in *Analisi Transazionale. Rivista Italiana de analisi transazionale e metodologie psicoterapeutiche*, Vol. VI, No 10, pp. 38-56. Rome: Elengraf.
- Lankton, S. (1986). "How Can You Decide Which Metaphors Are Right for a Particular Client." In Gerald Edelstien, Daniel Araoz, and Bernie Zilbergeld (Ed.) *Questions and answers in the practice of hypnosis*, pp. 261-267. New York: Norton and Co.
- Lankton, S. (1985). "Multiple Embedded Metaphor and Diagnosis." In Jeffrey K. Zeig (Ed.) *Ericksonian approaches psychotherapy, volume 1: Structures*, pp. 171-195. New York: Brunner/Mazel Publishers.
- Lankton, S. (1985). "A States of Consciousness Model of Ericksonian Hypnotherapy," In S. Lankton (Ed.) *Ericksonian monographs number 1: Elements and dimensions of an ericksonian approach*, pp. 26-41. New York: Brunner/Mazel.
- Lankton, S. (1985). "Klientenspezifische Formulierung therapeutischer Metaphern oder: Fur jeden Klienten die richtige Story." In *Hypnose und kognition* April 1985, pp. 54-62. Munichen: Steinbauer & Rau.
- Lankton, S. & Lankton, C. (1985) "Ericksonian Styles of Paradoxical Therapy." In Gerald Weeks (Ed.) *Promoting change through paradoxical therapy*, pp. 134-186. Homewood, Illinois: Dorsey Press.
- Lankton, S. (1982). "The Occurrence and Use of Trance Phenomena in Non-Hypnotic Therapies." In Jeffrey K. Zeig (Ed.) *Ericksonian approaches to hypnosis and psychotherapy*, pp. 132-143. New York: Brunner/Mazel Publishers.
- Lankton, S., Lankton, C., & Brown, M. (1981). "Psychological Level Communication in Transactional Analysis," *Transactional analysis journal*, Vol. 11, No. 4, pp. 287-299. October, 1981. San Francisco: Transactional Analysis Press.
- Lankton, S. (1980). "Experience Chains: Change at a Higher Level." in Joe Cassius (Ed.) *Horizons in bioenergetics*, pp. 56-73, Memphis: Promethean Publications.

Clinical Training Video Tapes and DVDs

- Lankton, S. (2008). "Using Hypnosis in a Brief Therapy Demo," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (2003). "Pain Control in Brief Therapy," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1999). "The Joy of Doing Very Little," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1998). "Examining the Resolution of Anxiety and Pain Problems using Hypnosis by Stephen Lankton," a video tape. Phoenix, Arizona: Zeig and Tucker Publishers, Inc.
- Lankton, S. (1998). "Brief Therapy Inside Out: Ericksonian Approaches Using Hypnosis by Stephen Lankton," two video tapes. Phoenix, Arizona: Zeig and Tucker Publishers, Inc.
- Lankton, S. (1997). "Generalizing Change for Profound work in a single session," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1996). "Brief Therapy with Hypnosis," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1995). "Identifying the Vital Elements to Change in a Session Using Hypnosis." Munich, Germany: Milton H. Erickson Gesellschaft.
- Lankton, S. (1995). "Hypnosis (Brief Therapy) and Pain Control." Munich, Germany: Milton H. Erickson Gesellschaft.
- Lankton, S. (1994) "Re-negotiating Treatment Contacts Before and During Hypnotherapy," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1993) "Getting Wheels in Action in Brief Therapy," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1992) "The Role of Association and Dissociation in Co-creating Experience in Therapy," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1988). "The Use of Hypnotherapy to Motivate Clients with a History of Physical and Sexual Abuse," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1986). "Hypnosis and Family Therapy," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. & Lankton, C., (1984) "The Use of Multiple Embedded Metaphor for Psychological Reassociation," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1983) "Clinical Use of Trance Phenomena for Therapy and Pain Control," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. & Lankton, C., (1982) "Dual Induction with Dissociation," (with C. Lankton). a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.
- Lankton, S. (1981) "Varieties of Indirect Suggestion," a video tape. Phoenix, Arizona: Milton H. Erickson Foundation, Inc.

Clinical Audio Tapes and CDs

- Lankton, S. (2008). *Tools of Intention: Strategies that Inspire Change : Eleven Fundamental Exercises*. P.O. 9489, Phoenix, AZ 85068. 978-0-9823288-1-1

- Lankton, S. & Lankton, C. (1987). "Advanced Metaphor Demonstrations: Enchantment and Intervention,". an audio tape. New York: Brunner/Mazel.
- Lankton, S. & Lankton, C. (1983). "Treatment Planning and Delivery In Ericksonian Hypnotherapy: The Psychological Sequelae of Skin Cancer," (with C. Lankton). An audio tape and accompanying pamphlet. New York: Brunner/Mazel.
- Lankton, S. & Lankton, C. (1983). "The Case of Acute Hysterical Anxiety," (with C. Lankton). An audio tape accompanying The Answer Within. New York: Brunner/Mazel, Inc.
- Lankton, S. & Lankton, C. (1982). "Self-Image Thinking Program." (with C. Lankton). Transactional Analysis in Customer Treatment II. a slide-tape training program. Fort Worth, TX: American Airlines Personnel Resources.

Corporate Chapters and Articles

- Lankton, S. & Xerox Corporation. (1997-9). "Document Engineering Methodology." Virginia: Xerox Corp.
- Lankton, S. (1997). "Document Engineering Knowledge White Paper", In Go Inside, <http://goinside.com>, Jan., 1998.
- Lankton, S., Lankton, C., (1996) "Application of Ericksonian Principles to Larger Systems," In Matthews, W. & Edgette, J. (Eds.). The evolution of brief therapy: An annual publication of the Milton H. Erickson Foundation, volume 1. New York: Brunner Mazel.

Corporate Marketing

- "Omnibus," Television commercial, for Dollar Dry Dock Bank, White Plains, NY, June, 1988.

Major Corporate Consultations

- American Airlines (1983-1),
American Express Corp. (1996-7),
Blue Cross / Blue Shield of NY (2003),
Brunner Mazel, Inc. (1996-7),
Cincinnati Bell Telephone (1996),
Chubb Insurance (1997),
Dollar Dry Dock Bank (1986-8),
Empire Blue Cross / Blue Shield of New York (1997),
In-Transit Communications Corporation (2002)
InFlight Media Group, Inc. (2002)
Liberty Insurance (1996),
New York State Tax and Finance (1996-8),
New York State Dept. of Children's Services (1997-9),
New York State Welfare Dept. Front-end Modernization Project
(1999-2000),
Michigan Gaming Control Board (2002),
Milton Erickson Foundation, Inc. (1995-9),
NorTel Corporation (1996),
Ocshner Health Care (1998-9)
Principle Health Care (1997-8),
Provident Mutual Life (1998),
Provident Technical Services (1994),
State Farm Insurance (1998),
Strategic Solutions (1994-8),
U.S.A.A. Insurance (1995-6),
U. S. Internal Revenue Service (1998-9),
Wells Fargo Bank (1996),
Xerox Corporation (1993-2002), and others