

**Stephen R. Lankton, MSW, DAHB, LLC**

Office Location: 2415 E. Camelback Rd., Ste. 700, Phoenix, AZ 85016

Mailing: 4808 N. 24<sup>th</sup> St. #803, Phoenix, AZ 85016 / Voice: 602-427-592 / <http://lankton.com> / E-mail: [steve@lankton.com](mailto:steve@lankton.com)

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**IDENTIFICATION INFORMATION**

Date \_\_\_\_\_ Phone Number \_\_\_\_\_

Full Name \_\_\_\_\_ Highest Degree \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Marital Status \_\_\_\_\_ & Date \_\_\_\_\_ Referred by \_\_\_\_\_

**REASON(S) FOR SEEKING AN APPOINTMENT**

Brief statement about the problem for which you are seeking help:

Why do you think the problem exists?

Have you sought help before with this problem? When, with whom, where, how, results (briefly)?

Are you currently working with another therapist? Y (Name \_\_\_\_\_) N

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- Editor-in-Chief – *American Journal of Clinical Hypnosis*; • Faculty Associate – ASU, Graduate School of Social Work
  - Fellow & Approved Consultant – American Society of Clinical Hypnosis; • Diplomate & President Emeritus - American Hypnosis Board for Clinical Social Work
  - Lifetime Achievement Award – Milton H. Erickson Foundation; • Lifetime Achievement Award - American Society of Clinical Hypnosis;
  - Emeritus Clinical Member – International Transactional Analysis Association; • Arizona - Licensed Clinical Social Worker – LCSW-10443

## **BRIEF MEDICAL AND MEDICATION BACKGROUND**

Primary Care Physician: \_\_\_\_\_

Current medical conditions:

Prescribed Medications/dosages:

Do you use:

Alcohol	Y	N	Amount:
Recreational drugs	Y	N	Amount:
Tobacco	Y	N	Amount:
Caffeine	Y	N	Amount:

Do you exercise?                      Y   N   Amount:

Do you participate in spiritual practices? Describe.

Do you have a history of physical or sexual abuse as a child or adult?      Y   N; Describe briefly:

**PATIENT CONTACT AUTHORIZATION FORM**

I. Occasionally, it is necessary for our office to call to discuss insurance information, coordinate/discuss referral to another physician, or schedule/cancel appointments. Law requires your written permission to call.

Name \_\_\_\_\_ Relationship \_\_\_\_\_

II. Telephone number where it is permissible for this office to call you.

Number \_\_\_\_\_

Number \_\_\_\_\_

Permission to contact you by Email YES \_\_\_\_ No \_\_\_\_

Permission to leave a message: YES \_\_\_\_ NO \_\_\_\_ . If no please explain \_\_\_\_\_

III. Can confidential messages (i.e., messages to call the office regarding appointments) be left on your home answering machine or voicemail?

YES \_\_\_\_ NO \_\_\_\_

IV. Can we call you at your place of employment if you cannot be reached at home?

YES \_\_\_\_ NO \_\_\_\_

V. Would custodial parent need to be notified if non-custodial parent requests copy of medical records.

YES \_\_\_\_ NO \_\_\_\_ NA \_\_\_\_

VI. Acknowledgement of receipt of Notice of Privacy Practices:

YES \_\_\_\_ NO \_\_\_\_

PATIENT NAME (Print) \_\_\_\_\_

(SIGNATURE) \_\_\_\_\_ Date \_\_\_\_\_

Please Circle one: Self or Guardian

## SELF DESCRIPTION CHECK-LIST

Name \_\_\_\_\_ Date \_\_\_\_\_

Instructions: Place a Check Mark (✓) in front of *each phrase that at times describes you.*

- |   |  |  |
|---|--|--|
| 1A ___ 1. Able to give orders                 | 2A ___ 47. Forceful                        | 2F ___ 91. Resents being bossed              |
| 1K ___ 2. Appreciative                        | 1M ___ 48. Friendly                        | 2B ___ 92. Self-reliant & assertive          |
| 2H ___ 3. Apologetic                          | 3N ___ 49. Forgives anything               | 3D ___ 93. Sarcastic                         |
| 1C ___ 4. Able to take care of self           | 3E ___ 50. Frequently angry                | 3H ___ 94. Self-punishing                    |
| 2K ___ 5. Accepts advice readily              | 3M ___ 51. Friendly all the time           | 2B ___ 95. Self-confident                    |
| 1G ___ 6. Able to doubt others                | 3O ___ 52. Generous to a fault             | 3D ___ 96. Self-seeking                      |
| 2M ___ 7. Affectionate & understanding        | 2O ___ 53. Gives freely of self            | 3C ___ 97. Shrewd & calculating              |
| 3P ___ 8. Acts important                      | 2A ___ 54. Good leader                     | 1B ___ 98. Self-respecting                   |
| 1H ___ 9. Able to criticize self              | 1J ___ 55. Grateful                        | 3H ___ 99. Shy                               |
| 2J ___ 10. Admires & imitates others          | 2D ___ 56. Hard boiled when necessary      | 3C ___ 100. Selfish                          |
| 4L ___ 11. Agrees with everyone               | 1O ___ 57. Helpful                         | 2F ___ 101. Skeptical                        |
| 4H ___ 12. Always ashamed of self             | 4E ___ 58. Hard-hearted                    | 2M ___ 102. Sociable & neighborly            |
| 2K ___ 13. Very anxious to be approved of     | 2G ___ 59. Hard to impress                 | 3G ___ 103. Slow to forgive a wrong          |
| 3P ___ 14. Always giving advice               | 3D ___ 60. Impatient with other's mistakes | 3B ___ 104. Somewhat snobbish                |
| 3F ___ 15. Bitter                             | 2B ___ 61. Independent                     | 4I ___ 105. Spineless                        |
| 2O ___ 16. Big hearted & unselfish            | 2E ___ 62. Irritable                       | 2D ___ 106. Stern but fair                   |
| 3B ___ 17. Boastful                           | 3G ___ 63. Jealous                         | 4O ___ 107. Spoils people with kindness      |
| 2C ___ 18. Businesslike                       | 2N ___ 64. Kind & reassuring               | 2E ___ 108. Straightforward & direct         |
| 3A ___ 19. Bossy                              | 2A ___ 65. Likes responsibility            | 3G ___ 109. Stubborn                         |
| 1E ___ 20. Can be frank & honest              | 2H ___ 66. Lacks self-confidence           | 3L ___ 110. Too easily influenced by friends |
| 4J ___ 21. Clinging vine                      | 2C ___ 67. Likes to compete with others    | 3C ___ 111. Thinks only of self              |
| 1D ___ 22. Can be strict if necessary         | 3K ___ 68. Lets others make decisions      | 2N ___ 112. Tender & soft hearted            |
| 1N ___ 23. Considerate                        | 3M ___ 69. Likes everybody                 | 3H ___ 113. Timid                            |
| 4C ___ 24. Cold and unfeeling                 | 3K ___ 70. Likes to be taken care of       | 3N ___ 114. Too lenient with others          |
| 1F ___ 25. Can complain if necessary          | 4M ___ 71. Loves everybody                 | 2G ___ 115. Touchy & easily hurt             |
| 1L ___ 26. Cooperative                        | 2P ___ 72. Makes a good impression         | 3O ___ 116. Too willing to give to others    |
| 3F ___ 27. Complaining                        | 3A ___ 73. Manages others                  | 3P ___ 117. Tries to be too successful       |
| 2C ___ 28. Can be indifferent to others       | 3I ___ 74. Meek                            | 2K ___ 118. Trusting & eager to please       |
| 2E ___ 29. Critical of others                 | 2I ___ 75. Modest                          | 4N ___ 119. Tries to comfort everyone        |
| 1I ___ 30. Can be obedient                    | 3J ___ 76. Hardly ever talks back          | 2I ___ 120. Usually gives in                 |
| 4D ___ 31. Cruel and unkind                   | 2P ___ 77. Often admired                   | 2J ___ 121. Very respectful to authority     |
| 3J ___ 32. Dependent                          | 3I ___ 78. Obeys too willingly             | 3L ___ 122. Wants everyone's love            |
| 4A ___ 33. Dictatorial                        | 2F ___ 79. Often gloomy                    | 1P ___ 123. Well thought of                  |
| 4G ___ 34. Distrusts everybody                | 3E ___ 80. Outspoken                       | 3J ___ 124. Wants to be led                  |
| 3A ___ 35. Dominating                         | 3O ___ 81. Overprotective of others        | 3L ___ 125. Will confide in anyone           |
| 2H ___ 36. Easily embarrassed                 | 3E ___ 82. Often unfriendly                | 2M ___ 126. Warm                             |
| 2L ___ 37. Eager to get along with others     | 3N ___ 83. Over-sympathetic                | 2L ___ 127. Wants everyone to like him/her   |
| 3K ___ 38. Easily fooled                      | 2J ___ 84. Often helped by others          | 4K ___ 128. Will believe anyone              |
| 4B ___ 39. Egotistical & conceited            | 3I ___ 85. Passive & unaggressive          |  |
| 2I ___ 40. Easily led                         | 3B ___ 86. Proud & self-satisfied          |  |
| 2N ___ 41. Encouraging to others              | 2L ___ 87. Always pleasant and agreeable   |  |
| 2O ___ 42. Enjoys taking care of others       | 3F ___ 88. Resentful                       |  |
| 4P ___ 43. Expects everyone to admire him/her | 2P ___ 89. Respected by others             |  |
| 2G ___ 44. Frequently disappointed            | 4F ___ 90. Rebels against everything       |  |
| 2D ___ 45. Firm but just                      |  |  |
| 3M ___ 46. Fond of everyone                   |  |  |

## **SYMPTOM ASSESSMENT FORM**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

	<b>None</b>	<b>Mild</b>	<b>Moderate</b>	<b>Severe</b>
Depressed Mood				
Hopelessness				
Suicidal Thinking				
Disturbed Sleep (increase / decrease)				
Appetite Changes (increase / decrease)				
Slowed Activity				
Significant Weight Loss				
Poor Concentration				
Poorly Groomed				
Agitation / Restlessness				
Elated Mood				
Mood Swings				
Losing Emotional Control				
Obsessive Thoughts				
Tense/Anxious				
Fearful (Phobic)				
Physical Problems				
Easily Distracted from Thought				
Inappropriate Speech or Sounds				
Hallucinations (sight or sound)				
Sexual Problems				
Difficulty Making Decisions				
Long-term Memory Problems				
Short-term Memory Problems				
Angry Feelings Toward Self or Others				
Violence Toward Self or Others				
Illegal Behavior				
Conflict with Authority				
Disruptive Conduct				
Social Isolation				
Eating Disorder				
Paranoia				
Delusions				
Unusual Thoughts or Experiences				
Physical Pain				

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**INFORMED CONSENT FOR TREATMENT STATEMENT**

I have read the last three pages of this packet indicating the general procedures to be used in treatment, including benefits, limitations, and potential risks. I understand that I have the right to participate in treatment decisions and in the development and periodic review and revision of the treatment plan. I understand that I have the right to refuse and recommended treatment or to withdraw informed consent to treatment and be advised of the consequences of any such refusal or withdrawal. And, I have the right to be informed of all fees I am required to pay, Lankton’s collection policies, and all other financial procedures. I have the right to know of any supervision (including names and contact information) that is used by Lankton pertaining to my case, and that, with a written request to the above address I can obtain my client records. All information regarding you and your visits is strictly confidential, except those explained in the HIPAA law, unless release by you in writing to specific people, for specific purposes and dates.

I, \_(name)\_\_\_\_\_ and I, \_(name)\_\_\_\_\_ have read and understand the stated office & HIPAA policies **and agree to its terms and also give my informed consent for treatment.**

\_\_\_\_\_/\_\_\_\_\_  
Signature (of patient/client)                      Date

\_\_\_\_\_/\_\_\_\_\_  
Signature (of patient/client)                      Date